



PGP

STRENGTHS
DEVELOPMENT
PROGRAM

PGP, LLC Strengths Development Program combines traditional & alternative psychotherapeutic supports using Papa Ganache, our vegan bakery, as a backdrop for mental & behavioral health services. We engage youth in hands on, real life experiences, with a focus on strengthening & developing skills to overcome behavioral, emotional, developmental (ADHD, high functioning ASD), & substance use challenges. Our supportive services include psychotherapy, behavioral assistance, mentoring, parent mentoring, group mentoring, & school clinical consultation. We meet our youth & families in flexible settings: in their homes, communities, schools, Papa Ganache vegan bakery, & our office. Truly a recipe for success!

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www.pgpnj.com <https://www.facebook.com/papaganacheproject/>

PGP **Therapists** focus on developing each youth & family's strengths: to recognize inherent resilience, increase insight & knowledge, understanding & communication, through the creation of emotional & behavioral interventions and strategies to increase overall healthy functioning.

**Individual
Family
Parenting
Groups
Adults**

Clinical Consultation

We have a variety of specializations to expertly address anxiety, trauma, mood disorders, impulse control, interpersonal challenges, familial & parental needs, substance use, developmental disorders (high functioning ASD, ADHD), school avoidance/refusal, identity issues, behavior management. Services are accessible through private pay & referral through PerformCare/NJ CSOC.

Our Recipe PGP, LLC Strengths Development Program & Papa Ganache Vegan Bakery

Our programs reach beyond the seemingly simple act of baking a cupcake. PGP therapeutic interventions focus on creating a safe & comfortable treatment setting where youth can strengthen and develop skills to overcome their emotional and behavioral challenges.

**PGP, LLC
Truly a recipe for success!**

**Psychotherapy
Behavioral Assistance
Mentoring
Group Mentoring
Parent Coaching**

**Call PGP, LLC for more info!
732-970-8555 x3
106 Main St, Matawan, NJ 07747
www.pgpnj.com**

Behavioral Assistants work closely with each youth & family, collaborating with their therapist to implement strategies to manage behavior, strengthen & develop concrete skills to support the youth at home, in school, and in the community.

Mentors engage youth in experiential activities to strengthen & develop confidence, social skills, expressive vocabulary, and independent living skills.

- * Private Pay**
- * CSOC - PerformCare Referral**

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